



These indicators suggest that a relationship may either be abusive or conducive to healing within it:



Invading Privacy

While curiosity is understandable, invading someone's privacy by inspecting their phone or device is intrusive and signifies a desire for control.



Threatening Pets

Intimidating pets by threatening harm, taking away, or abandoning them is coercive behavior and could be indicative of more severe violent tendencies.



Constant Criticism

While it's natural to feel frustrated when mistakes are made, constantly criticizing individuals crosses into the territory of emotional abuse.



Mind Games

Manipulating or distorting information to make someone feel confused or question their sanity is a clear indication of psychological abuse



Blaming The Bottle

Indulging excessively in alcohol and drugs should never be justified. Overconsumption of these substances can steer us away from nurturing and meaningful relationships.



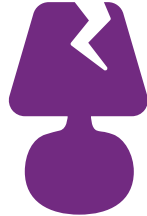
Controlling Money

Exercising exclusive control over financial matters and making all monetary decisions is indicative of financial abuse.



Sexual Coercion

Coercing someone into sexual activity or demanding actions they are not comfortable with is a clear indication of sexual abuse.



Breaking Stuff

Destroying or trashing belongings is a form of intimidation and signifies an abusive dynamic within a relationship.



Humiliation

While light-hearted teasing can indicate comfort, causing embarrassment or humiliation crosses into emotional abuse territory.